1 - **“How Shall The Old Secure Their Hearts  
Psalms 71:1-8**

2 - **The Challenges of Youth…**

* “***Let no one look down on your youthfulness***...”   
  (1 Timothy 4:12)
* Not to be used as an excuse… (Jeremiah 1:6-8)
* Difficult to end well if we don’t start well. (Eccles. 12:1; 2 Timothy 3:14-15)
* Particular temptations to be avoided. (2 Timothy 2:22)
* *“How can a young man keep his way pure?”* (Ps. 119:9)

3 - **“How Shall The Young Secure Their Hearts”  
Psalms 119:9-11**

* Vs. 9, By **paying attention** to God’s word.
* Vs. 10a, By being **totally committed** to living the word.
* Vs. 10b, By **staying focused** and purposeful.
* Vs. 11, By **valuing and protecting** God’s word.
* Vs. 12, By being a **good student** of the word.
* Vs. 13, By **sharing the gospel** with others.
* Vs. 14-15, By **rejoicing** in being a faithful disciple.
* Vs. 16, By **continual reminders**

4 – **The Challenges of Old Age…**

* **A time of physical weakness. (Psalms 90:10; Ecclesiastes 12:3-8; 2 Corinthians 5:1-4)**
  + But it doesn’t have to be a time of spiritual weakness! (2 Corinthians 4:16-18; Romans 4:20).
  + Actually, our “crown”. (Proverbs 16:31; 20:29)
* **A time of solitude.**
  + But we’re never alone. (Psalms 9:7-10)
* **A time of solemnity.**
* **But a time of perspective.**

5 – **How Shall The Old Secure Their Hearts?**

* How can we secure our *“entrance into the eternal kingdom”* (2 Peter 1:8-11) as we face the challenges of our later years?
* Temptations… fewer or different?
* There’s to be **no expiration of our light in this world**! (Matthew 5:14-16)
* There’s **fruit yet to bear** (Psalms 92:14) while our bodies experience “problems”.

6 – **Why?**

* **Self** - Continue in the peace of God and hope of salvation.
* **Others** - continue to be an example of faith and dedication.
* **God** - Honor Him through continued service.

7 - **How Shall The Old Secure Their Heart?  
Psalms 71**

**Devotion to prayer**. (vs. 1-4)

* **Appealing to God for deliverance, security and salvation.** (Psalms 86:1-7; 143:1-6).
* **At all times…** (Psalms 34:1-3; 62:8; Ephesians 6:18; Colossians 4:2)

8 - **How Shall The Old Secure Their Heart?  
Psalms 71**

**Complete trust in God. (vs. 1-7)**

* **No cause for shame.** (vs. 1; 2 Timothy 1:6-12;   
  Psalms 25:1-3, 16-22).
* **In spite of those opposed…** (vs. 4, Psalms 140:1-4)
* **God will not forsake…** (vs. 12; Psalms 37:25;   
  Hebrews 13:5-6)

9 - **How Shall The Old Secure Their Heart?  
Psalms 71**

**Steadfast Hope. (vs. 5, 14, 19-20)**

* **Hold on to our anchor.** (Hebrews 6:19; Psalms 119:166)
* **Look to the eternal reward.** (Hebrews 11:24; Ephesians 1:18-19)
* **Convinced worth waiting for…** (vs. 4, Psalms 25:4-5; 40:1-3; Isaiah 25:9)
* **Waiting for God’s exaltation.** (vs. 19-20; Psalms 49:15; 73:21-24; 1 Peter 5:6; 1 Timothy 4:16-18)

**10 - How Shall The Old Secure Their Heart?  
Psalms 71**

**Keep telling others - generations to come.** (vs. 15-18, 24)

* **Share your experience & wisdom... From God.** (Psalms 90:12; Proverbs 16:31; I Kings 12:6-7; )
* **Leaving a true legacy**… (Psalms 78:1-8)

11 - **How Shall The Old Secure Their Heart?  
Psalms 71**

**Always praising and glorifying God.** (vs. 8, 14-15, 22-24)

* **Praise and honor to God is always needful.**(Psalms 148:11-13)
* **Be like Anna**… (Luke 2:36-38)

12 - **Young or Old, Every Christian Is Needed For The Church To Grow**

**Do what you (and perhaps only you) can do! (Titus 2:2-3; Mark 14:8)**

**Those older in years are key members of the body**.   
(1 Corinthians 12:12ff; Ephesians 4:16)

**Paul was “older” when he spoke of the need to “press on” to the crown of life**. (Philippians 3:12-14)